



Embrace Your Abundance

Wealth is a number. Abundance is a mindset.

Embrace Your Abundance is my signature framework designed to guide clients like you on a journey to unlock the potential impact of your wealth, in alignment with your values.

The Experience

This is for you if

You've recognized that accumulated wealth alone does not lead to contentment or joy.
You are seeking a way to create greater impact in your lifetime, and beyond.

What sets this experience apart

Unlike wealth, tax and legal expertise, we tackle the mental and emotional barriers that prevent us from living more fully today and creating a legacy for tomorrow.

What you will gain

- Cultivate an abundance mindset
- Confront limiting beliefs
- Boldly imagine your legacy
- Create your roadmap for action

Offered through

Private Coaching

For individuals or couples

Weekly sessions are held for 1-3 months depending on where you are in your journey.

Peer Workshops

For groups up to 7

An interactive session amongst friends allows for vulnerable and courageous conversations that lead to roadmaps and micro-actions.

Tailored Presentations

For broader audiences

An experience customized for trusted partners such as wealth management teams, family offices, community foundations, and nonprofit development professionals.

About Kathleen

Shaped by my personal journey, my Embrace Your Abundance framework leverages four decades of professional experience and life lessons that I am honored to share with others.

My passion is deeply rooted in, and blends, these roles:

Life and Executive Coach • University Development Officer • Grief Educator • Humble Benefactor